



Activity: Yoga Competition (Individual or Team)	
Date: 19-08-2019	Time: 3:00pm
Location: ISME, Bangalore	
No of students present: 16	

Poster / Flyer / Notice

Dear Students,

Namaste! We're thrilled to invite you to the Intra-Mural Yoga Tournament, where tranquility meets competition and wellness is celebrated.

This tournament is open to all students who have a passion for yoga and wish to showcase their skills in various yoga postures and sequences. Whether you're a beginner or an experienced yogi, this event promises a serene yet exhilarating experience.

Event Report

The event tested the flexibility and fitness of the students. The competition was based on various postures known by the students and the perfection with which they performed.

The Yoga Competition offers a serene and contemplative journey into the ancient practice of yoga, where participants showcase their flexibility, strength, and mindfulness through a series of poses, routines, and creative flows. With each breath, they find a sense of peace and balance amidst the intensity of the competition, demonstrating the holistic benefits of yoga for mind, body, and spirit.


YOGA WITH STAFF AND STUDENTS



List of Participants:

Sl No	Name of the Student	Course	Semester
1	Talapagala Bhavani	BBA	3 RD
2	Talapagala Deepthi	BBA	1 ST
3	Nandini Ramanand	BBA	3 RD
4	Nitishree Bhansali	BBA	1 ST
5	Varun Singh	BBA	1 ST
6	Walter Samuel Dheeraj Dommeti	BBA	1 ST
7	Obula Sandeep	BBA	3 RD
8	Polisetty Naga Vijay	BBA	3 RD
9	Anjali Kumari	BBA	3 RD
10	Devdeep Chakraborty	BBA	5 TH
11	Janhavi Jain	BBA	3 RD
12	Meerakani Hariz	BBA	5 TH
13	Niceson Joe Vetticadan	BBA	3 RD
14	Pawan	BBA	1 ST
15	Prubseerat Singh	BBA	1 ST
16	Prince Kumar Jha	BBA	1 ST

Head / Coordinator SDC Signature

Name:  ...
Date: 19.8.2019

International School of Management Excellence


Program Coordinator


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