




Activity: International Yoga Day	
Date: 21 st June 2019	Time: 2pm
Location: 3 rd Floor , Main Campus	
Resource Person(s): Ms. Khusboo	
Faculty In-charge: Dr Shurllly Tiwari	
Student In-charge: Mr. Abhimanyu	
No of students present:60	

Poster / Flyer / Notice

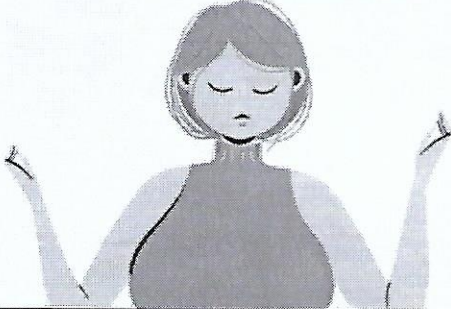


**INTERNATIONAL SCHOOL OF
MANAGEMENT EXCELLENCE**

International yoga day - 2019

At Amphitheatre, 2 PM
21.06.2019

Instructor : Ms Khushbhu



Event Report

REPORT ON YOGA DAY

Manahshanti-The inner peace

Celebration of Yoga day in ISME on 21st June 2019

- ISME celebrated international Yoga Day on 21st June 2019.
- 30 students along with 10 faculty and staff members participated.
- One hour of yoga practice was done from 9am to 10 am at ISME.
- Ms Khushbu. P. Nikam, A senior guru of yoga with 15 years of experience in Yoga teachings was invited and a one hour session was conducted for students, staff and faculty members.
- Students enjoyed all the asana's and the knowledge shared by Ms. Khushbu on Yoga.

The following Mail was circulated among the students and staff.

Dear All,

Greetings From Student development Cell!!

ISME believes in holistic development of its people.

On this occasion of "World Yoga Day"

We cordially invite you for One hour session of "Ashtang yoga" known as "Manahshanti-The Inner Peace"

Venue: Cafeteria

Time: 9.00am to 10.00 am

Guru: Ms Khushbu. P. Nikam , A senior guru of yoga with 15 years of experience in Yoga teaching.

Requirement : Mats, Water bottle, hand towel or napkin , wear loose clothes/fitness clothes.

Note: please take light breakfast in the morning , a gap of 2 hrs. should be between your breakfast and yoga session.

Warm Regards

Prof. Shurllly Tiwari

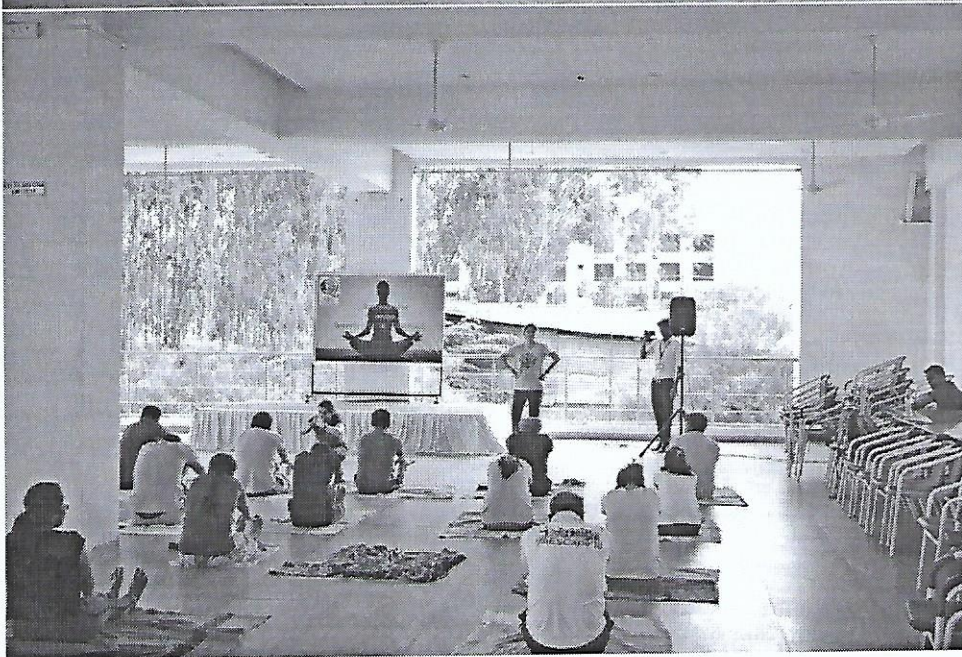
Faculty –HR, Lead - Corporate Trainings

Coordinator – Student Development Cell

International School of Management Excellence

Chembanahalli-Sarjapur Road, Bangalore.

Geotagged Photographs with Caption



Students performing yoga together

List of Participants:

Year	Name	Program - Batch	Present/Absent	Signature
2018-19	Akansha Mishra	BBA 2017-20		A Aksh
2018-19	Bovito Zhimomi	BBA 2017-20		B Zde
2018-19	Bukke Reddy Naik	BBA 2017-20		B Naik
2018-19	Hema Roshni	BBA 2017-20		H Roshni
2018-19	Kanchi Mahesh Reddy	BBA 2017-20		K Mahesh
2018-19	Lovy Rastogi	BBA 2017-20		L Rastogi
2018-19	Vivek Singh	BBA 2017-20		V Singh
2018-19	N. Thanujaa Ch	BBA 2017-20		N Ch
2018-19	Rithwik Vp	BBA 2017-20		R Vp
2018-19	Sana Alam	BBA 2017-20		Sana Alam
2018-19	Suvam Singh	BBA 2017-20		Suvam
2018-19	Swathi Srinivas	BBA 2017-20		Swathi
2018-19	Teja Priya Bp	BBA 2017-20		T.P.Bp
2018-19	Larika V	BBA 2017-20		Larika V
2018-19	Vishal Yadav	BBA 2017-20	AB	AB
2018-19	Vrushank Yb	BBA 2017-20		V.V.B
2019-20	Akansha Mishra	BBA 2017-20		A Aksh
2019-20	Bukke Reddy Naik	BBA 2017-20		B.R.N
2019-20	Hema Roshni	BBA 2017-20		Hema Roshni
2019-20	Lovy Rastogi	BBA 2017-20		L Rastogi
2019-20	Vivek Singh	BBA 2017-20		V Singh
2019-20	N. Thanujaa Ch	BBA 2017-20	AB	AB
2019-20	Rithwik Vp	BBA 2017-20		R Vp
2019-20	Sana Alam	BBA 2017-20		Sana Alam
2019-20	Suvam Singh	BBA 2017-20		S.S
2019-20	Swathi Srinivas	BBA 2017-20	AB	AB

2019-20	Teja Priya Bp	BBA 2017-20	T.P.Bp	
2019-20	Larika V	BBA 2017-20	Carke	
2019-20	Vishal Yadav	BBA 2017-20	W	
2019-20	Vrushank Yb	BBA 2017-20	S	
2019-20	Abhimanyu Goel	BBA 2018-21	A	
2019-20	Anjali Kumari	BBA 2018-21		
2019-20	Devdeep Chakraborty	BBA 2018-21	AB	
2019-20	Janhavi Jain	BBA 2018-21	Janhavi Jain	
2019-20	Meerakani Hariz	BBA 2018-21	M	
2019-20	Niceson Joe Vetticadan	BBA 2018-21	N	
2019-20	Pawan	BBA 2018-21	P	
2019-20	Prubseerat Singh	BBA 2018-21	P	
2019-20	Prince Kumar Jha	BBA 2018-21	P	
2019-20	Raghav Goyal	BBA 2018-21	R. Goyal	
2019-20	Rithik Suresh	BBA 2018-21	R	
2019-20	Ruthvik Kumar A M	BBA 2018-21	AB	
2019-20	Sakshi Kumari	BBA 2018-21	S	
2019-20	Shrishti Pathak	BBA 2018-21	S	
2019-20	Siddharth Ostwal	BBA 2018-21	S	
2019-20	Subhashree Mukherjee	BBA 2018-21	S.M	
2019-20	Tarun Reddy	BBA 2018-21	T.R	
2019-20	Tracy Thangjam	BBA 2018-21	T	
2019-20	Ceona Dsouza	BBA 2018-21	C	
2019-20	Shayantan Ganguly	BBA 2018-21	S	
2019-20	Varun Singh	BBA 2018-21	AB	AB
2019-20	Kishore L	BBA 2018-21	V.S	
2019-20	Srikrupa S	BBA 2018-21	K.L	
2019-20	H Kiran Mayi	BBA 2018-21	S	
2019-20	K Srinith	BBA 2018-21	K. Srinith	



2019-20	Karnati Gopi Krishna	BBA 2018-21		K L
2019-20	Lingam Pavan Kalyan	BBA 2018-21		L.Poo
2019-20	Pachipulusu Balasubramanyam	BBA 2018-21		Poch
2019-20	Paduchuri Sree Sai Manogna	BBA 2018-21		P.S.S Mangem
2019-20	Raghupatruni Sai Prudhvi	BBA 2018-21		R.S.P.
2019-20	Talapagala Bhavani	BBA 2018-21	— AB —	— AB —
2019-20	Talapagala Deepthi	BBA 2018-21		Talapagala.B.
2019-20	Anbuselvan Ks	BBA 2018-21		Anub
2019-20	Walter Samuel Dheeraj Dommeti	BBA 2018-21		Walter

Faculty In-Charge Signature Name: Date:	Head / Coordinator SDC Signature  PRINCIPAL INTERNATIONAL SCHOOL OF MANAGEMENT EXCELLENCE Sy. No.88, Chembanehalli, Near Dommasandra Circle, Serjapur Road, Bangalore 562 125 INDIA Name: Date: 21 st June 2019
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International School of Management Excellence

Program Coordinator