

# Activity: Soft Skills Training-Team Building among Employees

Date: 21st July 2018

Time: 9 am to 5pm

Location: Class room no. 1, Main Building, ISME campus

Resource Person(s): Prof. Krishnan

Faculty In-charge: Prof. Kiran Kumar KV

Student In-charge: Ms. Sana Alam

No of students present 16

# Team Building Exercise July 21st, 2018 9AM TO 5PM CLASS ROOM NO. 1, ISME CAMPUS



### **Event Report**

Report on Team Building Exercise - July 21, 2018

Date: July 21, 2018

Time: 9:00 AM - 5:00 PM

Participants: Undergraduate Students

### Objective:

The team-building exercise conducted on July 21, 2018, aimed to foster collaboration, communication, and cohesion among undergraduate students. The overarching goal was to enhance interpersonal skills, promote teamwork, and cultivate a supportive environment conducive to academic and personal growth.

### **Activities:**

Icebreaker Games: The day commenced with icebreaker activities designed to break down barriers and encourage interaction among participants. This set a positive tone for the rest of the activities.

Team Challenges: Various team challenges were organized throughout the day, including problem-solving tasks, trust exercises, and outdoor activities. These challenges required students to collaborate, communicate effectively, and leverage each other's strengths to accomplish goals.

Workshops: Interactive workshops were conducted on topics such as leadership, conflict resolution, and effective communication. These sessions provided students with valuable insights and practical strategies for working efficiently in a team setting.

Reflective Discussions: Periodic reflective discussions were facilitated to encourage students to share their experiences, insights, and challenges encountered during the activities. These discussions promoted self-awareness, empathy, and mutual understanding among participants.

Closure Activity: The day concluded with a closing activity aimed at reinforcing key learnings and fostering a sense of camaraderie among students. Participants were encouraged to reflect on their growth throughout the day and set personal goals for applying the skills acquired in future endeavors.



### **Outcomes:**

Enhanced Teamwork: Participants demonstrated improved teamwork skills, including effective communication, collaboration, and mutual support.

Increased Confidence: Students reported feeling more confident in their ability to work in a team and tackle challenges collectively.

Improved Interpersonal Skills: The exercise helped students develop stronger interpersonal skills, such as active listening, empathy, and conflict resolution.

Sense of Belonging: The team-building exercise fostered a sense of belonging and community among participants, contributing to a positive learning environment.

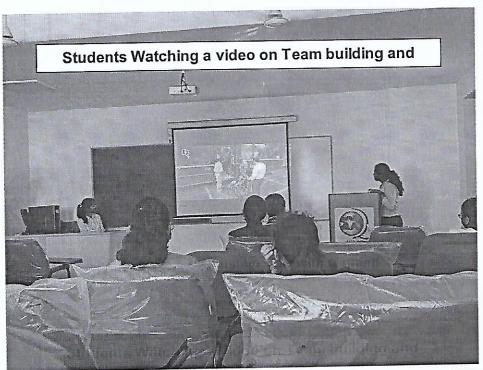
Practical Application: Students expressed enthusiasm for applying the skills and strategies learned during the exercise in their academic pursuits and future careers.

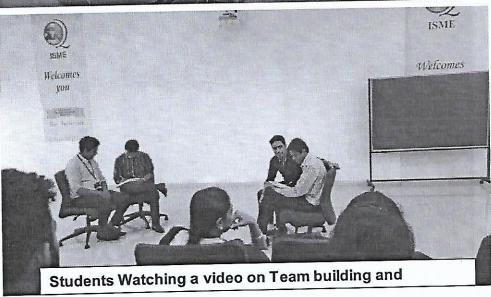
### Conclusion:

The team-building exercise conducted on July 21, 2018, proved to be a valuable opportunity for undergraduate students to develop essential teamwork and interpersonal skills. Through a combination of interactive activities, workshops, and reflective discussions, participants gained practical insights and experiences that will benefit them academically and professionally. The success of the event underscores the importance of fostering a supportive and collaborative learning environment for students' holistic development.



## Photographs with Caption







# List of Participants:

# INTERNATIONAL SCHOOL OF MANAGEMENT EXCELLENCE

### **Attendance Record**

Course: BBA

Student Count: 16

Subject : Work Shop on Soft skills

Total no. of working hours = 10

Batch	Name	Register No.	Attendance	Signature
2018-19	Akansha Mishra	17I6C26001	Present	Mo
2018-19	Bovito Zhimomi	1716C26003	Present	Boulto
2018-19	Bukke Reddy Naik	17I6C26004	Present	AB-
2018-19	Hema Roshni	1716C26005	Present	1-AB-
2018-19	Kanchi Mahesh Reddy	17I6C26006	Present	Jan
2018-19	Lovy Rastogi	1716C26007	Present	1
2018-19	Vivek Singh	1716C26008	Present	V.S.
2018-19	N. Thanujaa Ch	17I6C26009	Present	
2018-19	Rithwik Vp	1716C26010	Present	
2018-19	Sana Alam	1716C26011	Present	Sana
2018-19	Suvam Singh	17I6C26013	Present	inam
2018-19	Swathi Srinivas	1716C26014	Present	15
2018-19	Teja Priya Bp	17I6C26015	Present	1 1
2018-19	Larika V	1716C26016	Present	Ab-
2018-19	Vishal Yadav	17I6C26017	Present	1 1
2018-19	Vrushank Yb	1716C26018	Present	ordinator SDC Signature

Faculty In-Charge Signature

Head / Coordinator SDC Signature

Prof. Kiran Kumar KV

Name:

International School of Management Excellence

Program Coordinator

PRINCIPAL

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