

Activity: Health & Hygiene Awareness Program

Date: 22nd July 2022

Time: 3:00pm- 5:30pm

Location: Chembenahalli Village

No of students present:

Poster / Flyer / Notice



ISME

Health & Hygiene Awareness Program

An Initiative by NSS

Find activities you enjoy
Doing activities that you enjoy and that make you feel good can be a great way to manage and maintain your mental health. Finding activities that provide a sense of purpose and joy can help to give you a sense of satisfaction and accomplishment.

Take care of your physical health
Eating healthy, getting exercise, and making sure to get enough sleep can help to improve your mental wellbeing. Taking care of your physical health can help to regulate your mood and can prevent or reduce stress.

Environmental Hygiene

Date: 22/7/2022
Time: 3.00 Pm - 5.30 pm
Place: Chembenahalli

Event Report

Health & Hygiene Awareness Rally @ Chembanahalli

NSS is mainly “out of the classroom” student eccentric program where teachers provide only guidance while students are the main actors. It inculcates in students a sense of leadership and teamwork enabling them to identify and resolve community issues. Hence leadership, collectivism, social responsibility and community participation are at work all the time. These attributes also make them come close to social and environmental realities. There have been several instances of excellent work and exemplary conduct of NSS units which have earned them respect and confidence of the people throughout the country. The special camping programmes organised under the themes of ‘Youth Against Famine (1973)’, ‘Youth Against Dirt & Disease (1974-75)’, ‘Youth for Eco Development’, ‘Youth for Rural Reconstruction’, ‘Youth for National Development and Youth for Literacy (1985- 93)’, ‘Youth for National Integration and Communal Harmony (1993-95)’ etc. have resulted in gains both to the society & the volunteers. Also, from 1991-92 onwards NSS has launched a nationwide campaign on AIDS awareness called “Universities Talk AIDS” (UTA).

In these years all knows how health is important to us as good health is our wealth only people with good health can survive as only when he is heathy he will be able to make money and survive for maintaining good health we have to eat good food, exercise , and maintain your diet also for good health you should also maintain good hygiene too as lack of hygiene can lead to many diseases like typhoid cholera etc which can cause a loss of life, so it is very important to maintain good health these times.

On 22/07/2022 All the NSS club members went to Chembanahalli village to spread awareness about health and hygiene to all the people in the village as many people still doesn't know about basic health problems and hygiene techniques. There were around 15 people from ISME College who took initiative for this campaign. Many people who knew the local language which is Kannada were able to talk to the locals and tell taught them many hygiene techniques like how to wash hands, how to clean vegetables with salt water and soap to eradicate all diseases related to germs. We also told different health problems caused by lack of hygiene and told them many methods how to avoid them.

At last all the group members gathered around took a group pic with all the club members and the coordinators were led by Prof.Ramesh C P sir who is the NSS club coordinator also took pictures in the village and collected a lot of information about the village and took some picture of ongoing problems faced by the villagers for health and hygiene so that we will be able to notify the government so that they can take action against it. All the club members enjoyed helping people and spreading awareness to people and also learnt many lessons of the way how the village people are living and their lifestyles etc. In future we hope to continue doing this work and many other works to help people in need.

**Health & Hygiene Awareness Rally on 22/7/2022 at
Chembenahalli**



List of Participants:

NSS Attendance Report - Health & Hygiene Awareness Rally -22/7/2022			
Sl No	Name of the Student	Course	Attendance
1	VISHAKA SUDHAKAR BELCHADA	BBA	Absent
2	ANKAN MUKHOPADHYAY.	BBA	Absent
3	LAVITRA PRAVIN BHAVSAR	BCOM	Present
4	DARSHAN.K	BBA	Present
5	Y.SURYAKUMARI	BBA	Absent
6	K S KAMALINI	BBA	Present
7	NIKHITA KOTIAN	BCOM	Present
8	BHOOMA HARSHITHA	BBA	Absent
9	ANSHIKA MISHRA	BBA	Present
10	R ROOPAKUMARI	BBA	Absent
11	VIDIT AGARWAL	BCOM	Present
12	RITANSHU SAXENA	BBA	Present
13	SAI NIDHI K	BBA	Present
14	ABHIJITH AJAY MANAKKU	BBA	Present
15	PRETHEESH MAITI	BCOM	Present
16	GARGI GUPTA	BBA	Absent
17	ANSH RAI	BCOM	Present
18	ASHISH SAHOO	BBA	Present
19	SADHANA GOTHWALIA	BBA	Present
20	ANANYA SAHAY	BBA	Present
21	ADITYA KRISHNA BHAT	BBA	Present
22	SHRINATH AMAR SAMARTH	BBA	Present
23	GARVIT JAIN	BBA	Absent
24	ASHLEY ROHMINGPUII RALTE	BBA	Present
25	ISHIKA GANDHI	BBA	Present
26	ABHINAM RAI	BBA	Present
27	SURJAY KHATIWARA	BBA	Present
28	ROSALI MASLAI	BBA	Absent
29	SONAL SM	BBA	Present
30	SYED RIDA TABASSUM	BBA	Absent
31	KALLU NIKITHA	BBA	Present
32	PANKAJKUKAR	BBA	Absent
33	PRINCI SINGHAL	BBA	Present

34	JANAK PATEL	BBA	Present
35	J B DHANUSH	BBA	Present
36	AMRUTH.N.REDDY	BBA	Present
37	JAYANTH	BBA	Present
38	KARTHIK	BBA	Present
39	ROHAN MUKHIA	BBA	Present
40	SHREYAN GHOSH	BBA	Present
41	SURENDRAR G Y	BCOM	Present
42	KHUSHI SINGHAL	BBA	Present
43	RISHI GUPTA	BBA	Present
44	MAYUR JAIN	BBA	Present
45	R LIJOE	BBA	Present
46	ANURAG SHARMA	BCOM	Present
47	R DHANUSUDHAN	BCOM	Present
48	C GOKUL	BCOM	Present
49	N SAI NRIPESH CHINNA	BCOM	Present
50	RAHUL C	BCOM	Present

Head / Coordinator SDC Signature

Name:

Date:

[Handwritten Signature]
22.7.22

International School of Management Excellence

[Handwritten Signature]
Program Coordinator

[Handwritten Signature]

PRINCIPAL

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